

Family Liturgy



Public domain image

1st Sunday of Lent Year A



PREPARATION

Set up your sacred space. Place a green cloth, cross, bible and candle.

Add any other symbols relevant to your family.

Light the candle or use a battery-operated candle for safety.



GATHER

In the name of the Father, and of the Son, and of the Holy Spirit.
Amen.

COLLECT

Lord God, help us to follow you more closely as we listen to your words in the gospel. Amen.

GOSPEL

A reading from the gospel according to **Matthew 4:1-11**

Then the Spirit led Jesus into the desert to be tempted by the devil. Jesus ate nothing for 40 days and nights. After this, he was very hungry. The devil came to Jesus to tempt him. The devil said, "If you are the Son of God, tell these rocks to become bread."

Jesus answered, "It is written in the Scriptures, 'A person does not live only by eating bread. But a person lives by everything the Lord says.'"

Then the devil led Jesus to the holy city of Jerusalem. He put Jesus on a very high place of the Temple. The devil said, "If you are the Son of God, jump off. It is written in the Scriptures,

'He has put his angels in charge of you.

They will catch you with their hands.

And you will not hit your foot on a rock."

Jesus answered him, "It also says in the Scriptures, 'Do not test the Lord your God.'"

Then the devil led Jesus to the top of a very high mountain. He showed Jesus all the kingdoms of the world and all the great things that are in those kingdoms. The devil said, "If you will bow down and worship me, I will give you all these things."

Jesus said to the devil, "Go away from me, Satan! It is written in the Scriptures, 'You must worship the Lord your God. Serve only him!'"

So the devil left Jesus. And then some angels came to Jesus and helped him.

The gospel of the Lord.

All: Praise to you, Lord Jesus Christ.

(Gospel text © Lectionary for Masses with Children (1993) Catholic Book Publishing Co. New York)



<https://www.youtube.com/watch?v=KAsGWnJGyX8>



REFLECT

I wonder how this story makes you feel?

I wonder if you think that this is hard to do?

I wonder when we need help what is something we can do?

I wonder what Jesus is asking us through this story?

I wonder why Jesus asks this of us?

I wonder how we can best show Gods love to the world?

UNIVERSAL PRAYER

Let us pray for all the needs of our family, our parish, our community, our world and all the Church. Let us name who you would like to pray for today.

We gather all our prayers as we pray THE LORD'S PRAYER together



DISMISSAL

May God bless us and protect us, in the name of the Father, and of the Son, and of the Holy Spirit. Amen.

http://clipart-library.com/image_gallery/77148.jpg

ENDING SONG

[Open My Eyes Lord](#)



ACTIVITIES

Pray: Who do you go to in your life who makes you feel stronger?



Colouring page:



Puzzle:

